

Langton Primary School

Physical Education Curriculum – Whole School Long Term Plan



	Autumn		Spring		Summer	
Derwent	Basic Motor Skills	Multi-skills	Games – dribbling & dodging Dance	Gymnastics Games – sending and receiving	Games – hitting & targets Games – scoring points	Games – net & wall tennis Games – striking and fielding
Foss	Basic Motor Skills	Multi-skills	Games – dribbling & dodging Dance	Gymnastics Games – sending and receiving	Games – hitting & targets Games – scoring points	Games – net & wall tennis Games – striking and fielding
Ouse	Football Tag Rugby	Basketball Netball	Outdoor Adventure Gymnastics	Swimming Dodgeball/Dance	Swimming Rounders/Cricket	Tennis Athletics
Rye	Football Tag Rugby	Basketball Netball	Outdoor Adventure Gymnastics	Dodgeball Dance	Rounders Cricket	Tennis Athletics