

# Foston CE, Terrington CE VA & Stillington Primary Schools in Collaboration with Langton Primary School Progression Map



Subject: PE


## Golden Threads & Key Concepts:

Multi skills & Athletics, Invasion games, Dance, Gymnastics  
Net & wall, Striking and fielding, swimming, outdoor and adventurous.

## Curriculum Enhancers:

Sustainability Creativity Diversity Community

**Langton Primary School Values:** Excellence, Respect, Nurture, Collaboration, Creativity and Resilience

Golden Thread & Key Concept 	EYFS	KS1 Cycle A	KS1 Cycle B	KS2 Cycle A/C	KS2 Cycle B/D
Multi-Skills & Athletics	Multi-skills: Movement Games (Agility, spatial awareness)	Multi-skills (agility focus-hurdles, ladders, running, jumping)  Multi Skills (Coordination focus)	Multi-skills (running, hurdles, ladders, jumping)	Sports Day Prep	Sports Day Prep
	Athletics: <b>Bats and small balls</b>	Athletics	Athletics	Outdoor athletics	Indoor athletics
Invasion Games <ul style="list-style-type: none"> <li>• Rugby</li> <li>• Netball</li> <li>• Football</li> <li>• Basketball</li> <li>• Hockey</li> </ul>	Ball skills (Small ball skills)	Basketball (Bounce, catch, throw)	Football (Dribble, control) Hockey skills (dribble, control)	Football Basketball Netball Hockey	Football Basketball Netball Tag rugby
Dance	Dance	HRE: (Balance and coordination):Dance	HRE: (Balance and coordination): Dance	HRE: Dance Health related exercise: dance <b>X2 dance?</b>	
Gymnastics	HRE: Gymnastics (Agility, speed and balance)	HRE:(Agility and speed) Gymnastics	HRE:(Agility and speed) : Gymnastics		HRE: Gymnastics

Net & wall <ul style="list-style-type: none"> <li>• Tennis</li> <li>• Badminton</li> <li>• Volleyball</li> </ul>	Multi-skills: (Large Ball skills)	Multi-skills: Hitting tennis/ badminton	Tennis (Small ball skills)	Badminton Volleyball Tennis	Nothing?
Striking & Fielding <ul style="list-style-type: none"> <li>• Rounders</li> <li>• Golf</li> <li>• Baseball</li> <li>• Cricket</li> </ul>	Striking and fielding (Bean bag rounders, kick rounders)	Striking and fielding: bean bag rounders, kick rounder, tri golf	Multi-skills (throwing and catching, hitting-cricket, game tactics.)	Striking and fielding: cricket	Striking and fielding: Kick rounders & rounders
Swimming		Swimming		Swimming	
Outdoor and adventurous	Forest Schools	forest schools / orienteering which one?	forest schools / orienteering- which one?	Forest Schools	Orienteering  Forest schools
Sports Enhancement Day					