


# Foston CE, Terrington CE VA & Stillington Primary Schools in Collaboration with Langton Primary School Subject Long Term Plan

		<b>Subject: PE</b>		<b>Golden Threads &amp; Key Concepts:</b> Multi skills & Athletics, Invasion games, Dance, Gymnastics Net & wall, Striking and fielding, swimming, outdoor and adventurous.		<b>Curriculum Enhancers:</b> Sustainability Creativity Diversity Community <b>Langton Primary School Values:</b> Excellence, Respect, Nurture, Collaboration, Creativity and Resilience	
Progression	EYFS	KS1 A	KS1 B	KS2 A/C	KS2B/D		
<b>Autumn 1</b>	Multi-skills Movement games	Basketball skills – throwing, catching, dribbling Agility -Multiskills Gymnastics (L & S)	Netball skills - throwing and catching Agility - Multiskills Gymnastics (L & S)	Football Basketball	Football Netball		
<b>Autumn 2</b>	Throwing and catching (large balls)	Football skills – dribbling, kicking Mini-games retrieval using skills from autumn 1 Dance (L & S)	Tag-rugby skills – throwing, catching running. Mini-games – retrieval using skills from autumn1 Dance (L & S)	Netball Hockey	Tag rugby Hockey		
<b>Spring 1</b>	Gym	Netball skills - retrieval-using skills from autumn 2 in different games Gymnastics (L & S)	Football skills - retrieval-using skills from autumn 2 in different games Gymnastics (L & S)	Gymnastics Games – Volleyball	Gymnastics Games – Dodgeball		
<b>Spring 2</b>	Dance	Tennis skills Dance (L & S)	Tennis skills Dance	Tennis Dance Swimming L	Badminton Dance Swimming L		
<b>Summer 1</b>	Bat and ball skills	Athletics Forest School (FST) Orienteering skills	Athletics Orienteering skills L	Athletics Orienteering Swimming L	Athletics Forest School (FST) Swimming L		
<b>Summer 2</b>	Athletics skills	Rounders skills- hitting, throwing, catching and running Athletics – sports day	Cricket skills- hitting, throwing, catching and running Athletics – sports day	Cricket / Rounders Prep for Sports day Swimming FST	Cricket / rounders Prep for sports day Swimming FST		

Sports Enhancement Days – tri-golf, archery, goal-ball, gymnastics, plus opposite rotation games, adapted sports