

# Foston CE, Terrington CE VA & Stillington Primary Schools in Collaboration with Langton Primary School Progression Map



**Subject:**  
PSHE including RSE

**Golden Threads & Key Concepts:**

Me & my relationships  
Respecting myself and others  
Me and my future  
Money & Jobs  
Healthy lifestyles  
Keeping myself safe  
Digital literacy  
Growing and changing

**Curriculum Enhancers:**

Sustainability  
Creativity  
Diversity  
Community

**Langton Primary School Values:**

Excellence, Respect, Nurture,  
Collaboration, Creativity and Resilience

Golden Thread & Key Concept	Year	EYFS	Key Stage 1	LKS2 Cycle	UKS2 Cycle
<b>Me &amp; my Relationships</b>	A	What is a relationship? X 3 Who is my family? X 3	Making relationships	Healthy relationships	Maintaining relationships
	B	What is a relationship? X 3 Who is my family? X 3	Roles of people in a family	Features of a family	Types of families
<b>Respecting myself and others</b>	A	What is respect and how can I show it?	What is respect?	Recognising respecting others	Respecting my body and others
	B	What is respect and how can I show it?	Recognising respect	Respecting similarities and differences	Expressing and Respecting points of view
<b>Me &amp; my future</b>	A	What I need to know and what I want to be?	What are rules?	Laws & Rights	Accountability in society
	B	What I need to know and what I want to be?	What is Money and its use?	Making money	Influences surrounding money
<b>My healthy lifestyle</b>	A	How can I stay healthy?	Keeping my body healthy	Healthy choices and habits	Physical and Mental health care
	B	How can I stay healthy?	Healthy sleep & teeth	Oral hygiene	Protecting body
<b>Keeping myself safe</b>	A	How can I keep safe?	Safety in different environments	Risks and hazards of environments	Protecting myself in different environments and situations
	B	How can I keep safe?	Why do we have rules and age restrictions?	Medicines	Drug use and the law
<b>Media Literacy &amp; digital resilience</b>	A	How am I growing and changing?	Using the internet	How the internet and data is used	Targeting media
<b>Growing and changing - moving on</b>	B	How am I growing and changing?	Growing older	Physical and emotional puberty changes	Sex education and identity changes

